

22 September 2023

## Market day to raise funds for hip hop dancer's European debut



Lara Sutherland has found hip hop dancing great therapy for dealing with a serious medical condition.

Life has thrown more than a few curve balls at Beachlands teenager Lara Sutherland, but the prospect of competing at the European hip hop dance championships this October has put a spring in her step.

Lara has a congenital condition known as biliary atresia, meaning she was born with no bile ducts. She had her first liver transplant at just 7 months old, and has spent much of her life in hospital undergoing numerous surgeries. A second transplant in 2016 has allowed her to live a more normal life, although she still contends with constant pain and regular hospital visits.

Upon taking up hip hop dancing three years ago, she

discovered a new passion which brightened her days and gave her new focus.

"I just love dancing. It releases endorphins which makes me feel good - it makes me so happy, and I enjoy it so much," says Lara.

A year ago she began competing in hip hop competitions, alongside her crew of 9 who train at Jaye's Dance Studio in Half Moon Bay. They train once a week for three hours, with a trainer who visits from the North Shore.

Success at a recent competition in Wellington saw Lara's

CONTINUED ON PAGE 2

**INSIDE:** Maraetai siblings receive bravery award p3

Health clinic celebrates fortieth birthday p5

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23 Sat		12:31am ▲ 2.9m	6:34am ▼ 0.8m	
24 Sun		12:26am ▲ 2.8m	7:33am ▼ 0.9m	
25 Mon		3:28am ▲ 2.8m	9:41am ▼ 0.9m	
26 Tue		4:37am ▲ 2.8m	10:51am ▼ 0.8m	
27 Wed		5:45am ▲ 2.9m	11:56am ▼ 0.7m	
28 Thu		12:26am ▼ 0.6m	6:48am ▲ 3.1m	

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# Market day to raise funds for hip hop dancer's European debut

## CONTINUED FROM PAGE 1

crew qualify for the European World Champs, to be held in Obidos, Portugal from 26-28 October.

As well as brushing the dust off her Spanish language skills and committing to a new level of physical training, much of Lara's focus is now on fundraising to get to Portugal.

She and her mum Samantha will host a special market day on Saturday 30 September at Brite Buddyz on Third View Ave, to help raise funds for the trip.

The market day will run from 10am-1pm and will offer locals a chance to pick up bargain priced garage sale items as well as baking, artworks and raffles.

"Everything will be priced really cheaply to go," says Samantha.

Locals are invited to support the cause, either by donating items for the market and/or coming along on the day.

Lara says the European World Champs will be a great opportunity to compete in the sport she loves, and to meet other people and experience different cultures. She says she doesn't really get nervous when competing, though admits the build

up to the competition will be tough, with training sessions escalating during the school holidays.

"I have so many goals I want to achieve in dance," she says. "I'd like to become a dance teacher at some point."

Anyone wishing to donate items for Lara's fundraising market day can contact Samantha on 021 053 5918.

Lara has also set up a Give a Little page for anyone wishing to make a donation: <https://givealittle.co.nz/cause/lara-loves-to-dance>

# Event offers rare opportunity to run in the forest

The first ever organised trail run/walk event in Waiho (Maraetai) Forest will take place on Sunday 1 October from the Rewa Road entrance.

The 'Waiho Wander' will feature 10km and 5km courses and could be run as an introduction to trail running or to simply traverse many of the forest tracks that aren't normally open to walkers or runners.

"The idea is to give locals in particular a chance to check out the forest and a great natural style of exercise," says organiser Alex Garden. "We're also thrilled that the

Pohutukawa Coast Bike Club (PCBC), who control access, are keen to have us utilise the fantastic trails they have built over many years."

PCBC will close the forest to bikes for a part of the Sunday.

Pricing for the event will differentiate between PCBC members and non-members. A \$10 day pass is included in event tickets for non-members. To become a member of PCBC, you can visit here to buy a walk/run daily or yearly pass:

[www.pohutukawacoastbikeclub.com/buy-passes](http://www.pohutukawacoastbikeclub.com/buy-passes)

Entry pricing is:

- 10km Member \$15/adult, \$10/child\*
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- \*age 14 and under

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# Maraetai siblings receive ASB Super Saver Bravery Award

Super siblings Jenson and Siena Coupe have been recognised with an ASB Super Saver Bravery Award for their heroic actions.

At a special presentation at Maraetai Beach School, Jenson (10) and Siena (8), were celebrated for putting the emergency skills they learned through the ASB St John in Schools programme to good use when their dad needed urgent medical attention.

The courageous pair took action by keeping calm and making smart decisions when dad Brian was experiencing a cardiac arrest at home.

Jenson stayed with his dad while his mum, Sonia, called an ambulance.

He then demonstrated quick-thinking by opening the door and gate, as well as turning the outside lights on to help direct the ambulance officers to his father.

"It was scary, but I knew I needed to act fast and follow instructions to help my dad," Jenson says.

"It was a relief when the ambulance arrived, and I was proud of myself for being brave."

Siena also demonstrated some impressive thinking and initiative by putting the family cats in the garage.

"I needed to make sure the cats were safe while dad was getting help. Mum didn't even ask me to do it, but I knew it was a good idea."

"I love my dad very much and I did my very best to help," she says.

Grateful mum, Sonia, says she's immensely proud of her little heroes.

"Without the amazing support of Jenson and Siena, things could have turned out a lot worse.

"The valuable skills they learned through the ASB St John in Schools programme helped save their dad's life, and we are extremely grateful to ASB, Hato Hone St John, and Maraetai Beach School.

"The values and skills children learn from their lovely teachers truly prepares them for the unexpected."

Sue Lowry, Hato Hone St John Community Educator, says she has taught lifesaving skills to more than 75,000 children at schools across Auckland, Hauraki and Coromandel, including to Maraetai Beach School.

"Jenson and Siena provide a perfect example of how to act in an emergency. They were calm, acted with confidence and made smart decisions."

"They stand among the growing number of tamariki who have put the skills they learned through the ASB St John in Schools programme to good use. We are immensely proud of them."

Catering to pre-school, primary and intermediate-aged children, the programme empowers young New Zealanders with lifesaving skills and the



Siena and Jenson Coupe receive their bravery awards from members of St John.

confidence to act in an emergency. St John community educators teach young people first aid basics and knowledge to take responsibility for their own health and wellbeing, along with those around them. Different skills are taught to different age groups, with four modules offered: Responding in an Emergency, Keeping

Safe, Clued up Camper, and Weaving Wellbeing.

To date, more than a million children have been equipped with lifesaving skills, including how to make a 111 call, how to prevent injuries, and how to stay safe in an emergency.

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# Pōhutukawa Coast Times Ag Day photo competition entries



Clockwise from above: Cassie O'Connor, Year 4 Brookby School with Pippi; Ellie White, Year 2 Hunua School with Sugar Cube; Georgia Ilich, Year 2 Clevedon School with Murphy; Lucas Cadwallader, Year 4 Brookby School with Oreo; Harper White, Year 5 Hunua School with Nimbus.

## Kawakawa Bay/Ōrere Health clinic celebrates 40 years of caring

About 50 people gathered on Saturday 10 September to celebrate the 40th anniversary of the Kawakawa Bay/Ōrere Health Clinic. Some of the clinic's original nurses, committee members and doctors took the opportunity to catch up with old friends and colleagues, many of whom they had not seen in a long time.

Clinic members Lynnette Cashmore and Sandra Wood outlined the history of the Clinic from 1983 until 2023 and read a message from Jacques Pessers who lives in Holland and wanted to be remembered to those he had worked alongside back in the early days.

The clinic runs as a charitable trust, and is funded mainly by annual membership donations from people who use its

services.

Staffed predominantly by a small pool of experienced nurses, the clinic also has a regular doctor and boasts a First Response team which plays a crucial role in medical emergencies, given the distance to the nearest ambulance station is more than

30 kilometres away.

To mark the clinic's 40th anniversary celebration, an appropriately themed healthcare cake (pictured right) was cut by Lynnette Cashmore and Anne Carwardine, both original nurses at the clinic.



Above L to R: Lynnette Cashmore, Kerry Granger, Jane Kimber, Sandra Wood and Kathy Small celebrate Kawakawa Bay/Ōrere Health Clinic's 40th anniversary.



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When results come back, we screen them for abnormalities. If we find anything, our vets will discuss the next steps with you.

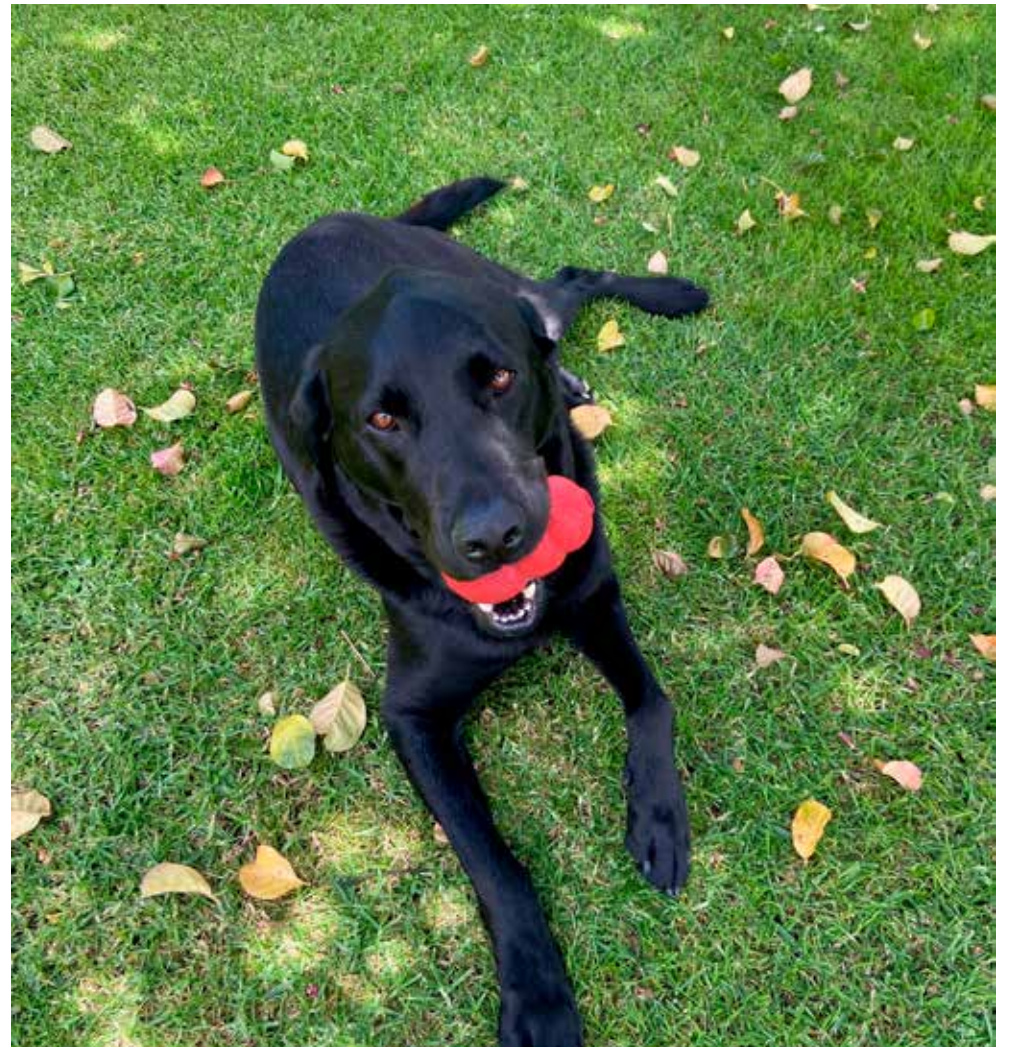
Preventive care testing done around the world on thousands of animals has found underlying health problems in a surprising number of animals:

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- 1 in 5 senior pets (dogs 7-10 years, cats 9-13 years)
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The cost for the Preventive Care Package is \$250 for dogs and \$275



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## Te Puru Holiday Programme

### - by Te Puru Community Centre

It's nearly Holiday Programme time again at Te Puru and the team has been busy planning and putting the final touches to an awesome ten days of fun, activities, sports, games, day trips and more! The programme is suitable for children between 5 and 13 years old and runs from Monday 25 September to Friday 6 October 2023. You can book a full day or half day – whatever suits your needs.

Our programme has been created by Danielle Saunders who is highly experienced in child education and caregiving, bringing a wealth of knowledge to the programme.

Each day we have something different to keep your children entertained and happy. We kick-off with finding your inner Bear Grylls on our Survival in the Wild day – learning skills and strategies including map reading, DIY tools and hut building! We go from exploring the wild to learning about nature on our planet and the importance of protecting it and we'll be visiting local beaches, bush and forests. Then we're keeping the energy levels up with a day of fitness challenges

(with prizes of course!). We'll take a spin around the globe exploring cultures and doing some international baking before finishing off week one with a themed day for any budding Taika Waititis on our whole day of Movie Madness – dressing up as your favourite movie character is a must!

Team games, cheerleading and ball sports as well as a health and wellbeing day all follow in week two – with a key highlight being a trip to Auckland Museum to explore the galleries and check out the new dinosaur skeleton followed by games and lunch at Auckland Domain. We close with an early Halloween day filled with fun, games and fancy dress.

Our experienced team will be on hand all week to care for your children and ensure they have loads of fun, learn lots and stay safe. They've managed many programmes before so they know the ropes.

To book your places, visit our website [www.tepuru.co.nz/community/holiday-programme/](http://www.tepuru.co.nz/community/holiday-programme/) or give us a call on 09 536 5360 if you have any questions.

## Growing cricket from the Ground Up

### - by Clevedon Cricket Club

Established in the mid-1980s, the motivation behind the Clevedon Cricket Club's inception still stands as one of its defining pillars today - to create a fun and encouraging pathway for our local children to gain new skills, build self-confidence and establish lasting friendships through the game of cricket. And, if by doing so, we're raising a few White Ferns and Black Caps along the way, then that's just the cherry on the top!

We're a small club with a big heart and even bigger ambition. As we head into the 2023/2024 season, we've got our sights set on growth at the grassroots level. We aim to welcome as many new families to our cricketing community as possible.

While we're passionate about the game, we're also passionate about what people gain by joining sporting groups. Especially our children! We like a bit of competition, sure. But what we love more than that is watching kids come to the game of cricket and unlock talents they've not yet discovered. Whether this is a superb throwing arm, an impeccable eye for the ball, or the discovery that they have excellent leadership skills, we



class it all as a life-enriching experience.

So if you're new to the game, curious about the game or have been looking for an excuse to dust off your bat, throw your kids in the car on 24 September and head along to the Clevedon Sports Club for an afternoon (12-3pm) of cricketing fun at the Clevedon Cricket Club's annual Open Day. The BBQ will be firing, the bar will be open, and our top-notch facilities will be on show. Warning: Our Men's T20 are actively recruiting for their Saturday T20 and Friday night Business House Leagues!

We're a bunch of good sorts who believe that communities and their people thrive through connection. We look forward to connecting with you!



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# Medal trifecta for GC Jiu Jitsu club



Members of GC Clevedon Jiu Jitsu's 8+ year-old class.

Despite only starting training a year ago, members of the GC Clevedon Jiu Jitsu club performed strongly at the recent New Zealand Brazilian Jiu-Jitsu Federation Pacific Open in Tauranga.

Jiu Jitsu is a martial art that teaches about values and principals of conduct, all of which is linked to the ability to know how to defend yourself against aggressors who are bigger and stronger than you through self-defense.

GC Clevedon has 13 students aged between 4-7 years old, 9 students

aged 8+, and 6 adult students. With less than a year's training under their belts, the students competed against 14 other clubs from around New Zealand at this year's Pacific Open, coming away with some impressive results including:

- Finnley Hede - Boys Gi (11-year-old white belt) Gold
- Ruby Hope – Girls Gi (12-year-old white belt) Silver
- Antonio Diaz – Boys Gi (8-year-old white belt) Bronze

## BARFOOT THOMPSON & Student Voice

### LOCAL STUDENTS' NEWS, VIEWS & LITERARY TALENT

This column features news, views and literary talents of students from Beachlands, Maraetai, Clevedon, Brookby, Hunua, Papanimu, Orere and Ardmore Schools.

One student featured each week will be presented with a certificate and a \$20 book voucher, thanks to Barfoot & Thompson's Beachlands and Whitford branches.



This week's voucher sponsored by Stuart Fitzpatrick

### Over The Trenches

Blood, sweat and tears dripped down the grieving soldier's face. Rain poured into his clothing making his body heavy as he struggled through the muddy trenches. He glared into the still eyes of his fallen comrades, his knees quivering as he nearly falls to the ground.

No signs of life existed except the chirping insects concealed amidst crevices beneath the wet mud floor. Dread engulfed his body as he thumped onto the damp mud, clutching at a bullet wound from the previous battle. He could barely stay awake as his eyes fluttered shut.

A shout echoed into the distance, startling him as his eyes opened. His heart thumped as footsteps strode towards him. He gripped a rifle lying next to him, aiming it towards the noise as a shadowy figure stumbled over the trenches' horizon. He glared through the gun's sight and shot.

A mechanical noise blared as he pulled the trigger. His heart sank as nothing came out... the mag was empty. The figure reached towards him as he grasped at the ground pulling himself towards cover..

As his eyes adjusted to the darkness, the figure shouted "Medical attention needed here, stat!" All of a sudden a red cross became visible on the figure's arm. Relief floods his body, his eyes become heavy as he sinks into the safety of a deep slumber.

- by Lachlan Beale, Year 8, Beachlands School

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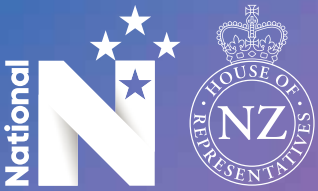
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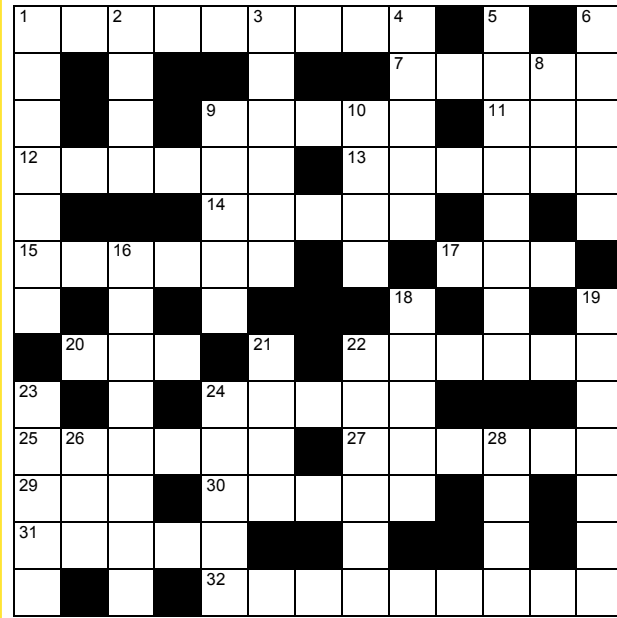
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Authorised by Judith Collins, Parliament Buildings, Wgtn.

## RAYWHITE BEACHLANDS CROSSWORD



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### Across

1. The other way around (4,5)
7. Grieve (5)
9. Scale (5)
11. Family (3)
12. Sleeveless coat (6)
13. Contend (6)
14. Sprightly (5)
15. Impulsively (6)
17. Flap (3)
20. Polish (3)
22. Homily (6)
24. Construct (5)
25. Out of debt or difficulty (6)
27. Meeting plan (6)
29. Pastry dish (3)
30. Wait on (5)
31. Prance (5)
32. Outgoing (9)

### Down

1. Service of evening prayer (7)
2. Jaw protrusion (4)
3. Speech of praise (6)
4. Mosey along (5)
5. Tepid (8)
6. Add as an extra (5)
8. Tamper with (3)
9. Writing stick (5)
10. Pedestrian shopping area (4)
16. Kitchen workroom (8)
18. Chock (5)
19. Occupy (7)
21. Endearing (4)
22. Dribble (6)
23. Decline from previously high standards (5)
24. Spoon juices while cooking (5)
26. In trim (3)
28. Unclothed (4)

Answers on page 10



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## PUBLIC NOTICES



### BEACHLANDS CHARTERED CLUB

### AGM NOTICE

Notice is hereby given that the 2023 Annual General Meeting of the Beachlands Chartered Club Inc will be held at the Club premises at the following date, time, and location:

**Sunday 24th September 2023, 10am**  
**Corner Wakelin Road and Third View Avenue,**  
**Beachlands Auckland 2018**

This meeting is open to current BCC financial and life members for the election of Officers in the Executive Committee, consisting of up to 9 Officers including the President and the Vice President. Nominations for the Committee shall be made in writing on a form provided for the purpose and shall be deposited to the Club Manager prior to the AGM. The nominee and his or her proposer and seconder shall, at the date of nomination, be full financial or life members of the Club. If any is not, the nomination shall be void.

This meeting starts strictly at 10am after which the Club room doors will be locked as this meeting is not open to the public.

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### CROSSWORD ANSWERS:

**Across:** 1. Vice versa, 7. Mourn, 9. Climb, 11. Kin, 12. Poncho, 13. Allege, 14. Agile, 15. Rashly, 17. Tab, 20. Rub, 22. Sermon, 24. Build, 25. Afloat, 27. Agenda, 29. Pie, 30. Serve, 31. Strut, 32. Extrovert.

**Down:** 1. Vespers, 2. Chin, 3. Eulogy, 4. Amble, 5. Lukewarm, 6. Annex, 8. Rig, 9. Chalk, 10. Mall, 16. Scullery, 18. Wedge, 19. Inhabit, 21. Cute, 22. Slaver, 23. Lapse, 24. Baste, 26. Fit, 28. Nude.

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## GARAGE DOORS

Repairs & Service, Metro Garage Doors 263 6608

## GARDEN CENTRE

Beachlands Mitre 10 536 6567

## GARDENING

Rosie's Gardening Service 021 0233 5998

## GEOTECHNICAL SERVICES

Fraser Thomas Ltd 278 7078

## GIBSTOPPING

Gib stopping & painting - Tony 0274 966 394 or 536 6477

## GLASS AND GLAZING

Manurewa Glass 266 7794  
 Howick Glass 535 4180

## GUTTER CLEANING

Skyhigh Roof and Gutter Cleaning Ltd  
 Website: www.skyhigh.nz 021 951 719

## HAIRDRESSING

Hair Do's @ Maraetai, ph Denise 0274 599 901  
 Cooper Hairdressing, 16 Te Pene Rd, Maraetai 027 329 1781

## HANDYMAN SERVICES

Local Handyman: 536 5050 or 021 156 7370  
 Oakes Build Landscape Maintenance, www.oakes.nz 021 903 020

## HEAT PUMPS

Positive Electrical Services 021 801 606  
 Auckland Wide Electrical 536 6800  
 AES - Auckland Energy Solutions  
 Website: www.aes.nz Phone: 09 575 1191

## HOUSE WASHING

Panoramics 530 8136 or 027 245 3444  
 BEST Property Services 021 366 615  
 Just Clean Me, Exterior Cleaning Services 022 089 2383  
 House washing, gutter cleaning, roof treatments, water blasting.

## JEWELLER

Paul Taylor Manufacturing Jewellers 536 4200  
 Repairs/Remodelling/Valuations/Insurance Replacements  
 Shop C/7, 129 Beachlands Rd, Pohutukawa Coast Shopping Centre

## KITCHENS

Kitchen Craft Ltd, Ph Warren 09 274 4221  
 for Sizzling Kitchen Design & Cabinetry www.kitchencraft.co.nz  
 Inhouse Design & Concepts Ltd www.inhousedesigns.co.nz  
 ph Brendan 021 272 1974, 536 4625

## KNIFE AND GARDEN TOOL SHARPENING

Chris Baird 021 536 618

## LANDSCAPING

Eastside Landscapes 021 484 158  
 Nicky Auld - landscape design, consultations 021 972 534

## LAUNDROMAT

Kiwi Laundry Co, www.kiwilaundryco.co.nz 022 463 8416  
 7 DAYS at GAS Maraetai, 131 Maraetai Drive, Maraetai 536 4218

## LAWNMOWING & GARDENING SERVICES

JIMS MOWING Beachlands - Frank 027 415 3657  
 Greenacres - Stephen Howe 292 4165 or 021 2266 753  
 Prolawns (Beachlands based) Shane 021 746 887  
 R&R Garden ServicesRichie: 021 917 332,Roanne: 027 252 8183  
 Coastal Gardener (Beachlands based) Darryl 022 360 3065

## LAWNMOWER SALES/SERVICE/REPAIRS

B'lnds/M'tai mower/chainsaw repairs 536 5621 or 027 308 7777

## LEGAL SERVICES

Sutcliffe Matson Law 09 279 8351 or 021 327 030

## LIFE COACHING

The Real Life Coach 536 4438 or 021 759 040

## LOCKSMITHS

Local Locksmith - Tony 536 5050 or 021 156 7370  
 Armstrong Smarter Security 0800 506 111

## LPG SUPPLIERS

Matagas 0800 954 427

## MARINE AND BOATING

Ovlov Marine Pine Harbour LTD 536 5249

## MECHANICAL REPAIRS

Clevedon Automotive Ltd 292 8441, 0274 743 918  
 Maraetai Automotive 536 6542  
 Pohutukawa Motors, 57 Third View Ave, Beachlands 536 6664  
 Garaway Autos 022 395 6185  
 Luke's Garage Ltd 09 218 6442 / 022 301 0412

## MIRRORS

Howick Glass 535 4180

## OUTBOARD REPAIRS/MARINE ENGINEERING

Eastern Marine - Mercury Certified Service Centre - Outboards,  
 sterndrive, petrol & diesel. 536 6252

## PAINTERS & DECORATORS

East Auckland Painting Ltd 027 619 2619  
 speciallistings.co.nz We fix, stop, and paint 0800 54 64 64

## PEST CONTROL

Coastal Pest Solutions (including rats, rabbits, possums, wild cats,  
 pest birds, wasps & bees) 536 6020 or 0273 932 125  
 Professional Pest Control 536 6690 or 021 078 3622

## PET ACCOMMODATION

Fairfield Pet Lodge, Clevedon 027 222 0307  
 Pets at Whitford Spa and Stay (PAWSS) 530 8860

## PHARMACIES

Unichem Beachlands Pharmacy 536 6500, fx 536 6590  
 Pohutukawa Coast Pharmacy 536 6747, fax 536 6742

## PHYSIOTHERAPIST

Beachlands Physio beachlandsp physio.co.nz 09 222 4120

## PLASTERING SERVICES

Solid Plastering, Bruce Parsons 021 981 812

## PLUMBERS

Dynamo Plumbing 0800 175 988  
 BF Brown Plumbing & Drainlaying 0800 477 455

## PLUMBERS & GASFITTERS

Ashby Plumbing & Gas 292 2445 or 0272 553 499

## PROPERTY MANAGEMENT

Rent People Ltd 0800 426 580  
 Ray White Lighthouse Licensed Real Estate 536 7011  
 Barfoot & Thompson Beachlands 536 4990

## PUMP SALES & REPAIRS

Auckland Electrical & Pump Services 536 4074, 0274 741 579  
 Malmaks Water Shop 530 8872, 021 353 158  
 Allwater Pumps and Supplies Ltd 09 536 5444, 027 536 5444  
 Clevedon Pumps & Filtration 027 479 7741

## QUARRY

Manukau Quarries 263 0220

## QUANTITY SURVEYORS

Hope & Associates - Residential estimating specialist 021 882 312

## REAL ESTATE AGENTS

Barfoot & Thompson Beachlands 536 4990  
 Barfoot & Thompson Whitford 530 8292  
 RE/MAX Clevedon 292 8388  
 Ray White Lighthouse Licensed Real Estate 536 7011  
 Bayleys Real Estate Limited 536 6121

## ROOF PAINTING SERVICES

Master Tradesman. Text details for fast service: 027 517 8494  
 Visit our website: www.5starroofpainting.co.nz

## ROOF SOFTWASHING

Skyhigh Roof and Gutter Cleaning Ltd  
 Website: www.skyhigh.nz 021 951 719

## ROOFING SERVICES

Eastern Roofing Services, ph Steve 536 5875 or 021 865 615  
 Alba Roofing 021 584 530  
 Roofing & Spouting NZ Ltd 021 766 260

## SCAFFOLDING

Scaffold Connect Ltd 021 235 5963 or 09 576 5879  
 DTS Wright Scaffolding Ltd 021 239 4276

## SECURITY SYSTEMS

ADS Security Ltd (alarms & monitoring) 536 6860  
 Armstrong Smarter Security and Alarms 09 274 0999

## SEPTIC TANK CLEANING

SST Services phone Rob 09 2947611 or 0274 967430

## STORAGE

Beachlands Self Storage 021 281 5355

## SURVEYORS - LAND

McInnes, Read & Lucas Ltd 298 7288  
 Fraser Thomas Ltd 278 7078  
 Churchill Land Development Services Ltd 273 4182  
 Survey Plus Ltd 020 4 SURVEY (020 4 787839)

## TAXIS/TRANSPORT/SHUTTLES

Coast Shuttle - local hire & airport trips 536 6488 or 0274 722 613  
 Omana Shuttles - Airport Transfers 536 5935  
 Country Roads - Anywhere, Anytime 021 084 28757  
 Driving Miss Daisy 09 534 7712 or 021 174 9999

## TILING

Wall & floor tiling & waterproofing, phone George 027 534 3741

## TRAVEL - INTERNATIONAL & DOMESTIC

Clevedon Travel Brokers chrisyashby@ttb.co.nz 027 273 9701  
 Travelselect Beachlands call Mark or Sam 536 6730

## TREE SERVICES

Coastal Cutters - coastalcutters@hotmail.com 021 196 6509  
 Jessep Contracting - JessepContracting.co.nz 022 607 4455

## TYRES - SALES & SERVICE

Maraetai Automotive 536 6542  
 Pohutukawa Motors 536 6664  
 Tyre Guard - Mobile Tyre Service, Call Mike 021 901 034

## UPHOLSTERY & CANVAS

Eastern Cover Centre. Boat & Outdoor Furniture Covers 535 7524

## VALUERS - PROPERTY

Property Valuations Ltd, Papakura 299 7406  
 Seagar & Partners Ltd, Charlene 272 9660 or 021 945 806

## VEHICLE DETAILING AND RESTORATION

Restovision Beachlands - www.restovisionnz.com  
 Schalk Jacobs 020 4171 6495

## VETERINARY SERVICES

Franklin Vets - Pohutukawa Coast Shopping Centre, 538 0010  
 Beachlands, Open: Mon-Fri: 8am-6pm Sat: 9am-3pm  
 Pohutukawa Coast Vets - 43 Wakelin Rd, Beachlands 320 1472  
 Open: Mon-Fri: 8am-6pm Sat: 9am-12pm

## VENTILATION

DVS Home Ventilation (Russell) 027 661 8120 / 0800 387 555

## WALLPAPERING

Lucy Cui 536 5899 or 021 174 8466

## WATER DELIVERY

Beachlands/Maraetai Water Supply 273 9763  
 Clevedon Water 292 8099  
 Whitford Water Supplies 530 8